

Van Metre 5-Mile Run
Ashburn, VA March 10, 2007
Women's Official Results

Place	Div/Tot	Name	Age	Hometown	Gun T	Net T	Pace
1	1/57	Sarah Spalding	25	Washington DC	30:24	30:23	6:05
2	1/89	Cathy Pugsley	37	Sterling VA	30:55	30:54	6:11
3	1/49	Monica Grillo	42	Arlington VA	32:33	32:27	6:30
4	2/57	Betsy Eames	23	Herndon VA	32:42	32:40	6:32
5	2/49	Anita Freres	42	Reston VA	33:26	33:20	6:40
6	3/57	Kathy Dalby	28	Arlington VA	34:32	34:29	6:54
7	2/89	Norma Fall	38	Gainesville VA	35:17	35:09	7:02
8	3/49	Jeanne Grillo	45	Potomac MD	35:28	35:21	7:05
9	4/49	Laetitia Warring	44	Reston VA	35:42	35:37	7:08
10	3/89	Jennifer Van Den Berg	37	Sterling VA	35:50	35:40	7:08
11	4/89	Cheryl Young	37	Reston VA	36:37	36:28	7:18
12	4/57	Anne Khatcheressian	27	Woodbridge VA	36:44	36:38	7:20
13	5/57	Mary Naylor	20	Warrenton VA	37:04	36:56	7:24
14	5/89	Karen Young	38	Boyds MD	37:32	37:23	7:29
15	6/89	Beth Israel	30	Purcellville VA	38:21	37:47	7:34
16	7/89	Laura White	38	Leesburg VA	38:20	38:06	7:38
17	8/89	Mar Tarres	36	Arlington VA	38:35	38:11	7:39
18	6/57	Kimberley McKee	22	Washington DC	38:27	38:22	7:41
19	9/89	Kate Barber	31	Ashburn VA	39:13	38:59	7:48
20	10/89	Jennifer Nowicki	32	Springfield VA	39:04	38:59	7:48
21	1/13	Kathryn Stephens	18	Leesburg VA	39:48	39:20	7:52
22	7/57	Mishima Alam	26	Arlington VA	39:48	39:29	7:54
23	8/57	Donna Ioffredo	27	Alexandria VA	40:01	39:33	7:55
24	11/89	Alison Smith	32	Leesburg VA	39:56	39:36	7:56
25	1/12	Elizabeth Starr	50	Aldie VA	39:47	39:39	7:56
26	12/89	Karen Ziff	37	Ashburn VA	39:51	39:41	7:57
27	13/89	Annie Baba	39	Ashburn VA	40:02	39:42	7:57
28	14/89	Barbara Apollony	33	Ashburn VA	40:13	39:43	7:57
29	9/57	Kathleen Rudd	26	Haymarket VA	41:29	39:45	7:57
30	15/89	Constance Pullella	38	Leesburg VA	40:24	40:14	8:03
31	5/49	Janet Townshend	42	Vienna VA	40:22	40:15	8:03
32	10/57	Elizabeth Goldman	28	Falls Church VA	40:26	40:17	8:04
33	16/89	Susan Kiernan	35	South Riding VA	40:51	40:25	8:05
34	17/89	Carrie Brandt	34	Middletown MD	40:56	40:30	8:06
35	11/57	Emma Shaw	24	Washington DC	41:04	40:43	8:09
36	6/49	Jeannie Trautman	44	Leesburg VA	40:58	40:45	8:09
37	18/89	Carolyn Stevens	38	Ashburn VA	41:09	40:46	8:10
38	19/89	Tatiana Boskovich	30	Burke VA	41:15	40:51	8:11
39	20/89	Julie Yearwood	32	Purcellville VA	41:24	41:01	8:13
40	12/57	Katherine Gabrysch	23	Herndon VA	41:45	41:10	8:14
41	13/57	Katie Harlan	24	Leesburg VA	41:26	41:11	8:15
42	7/49	Sharon Glees	44	Ashburn VA	41:46	41:16	8:16
43	21/89	Karen Hottle	36	McLean VA	41:52	41:21	8:17
44	22/89	Kristi Comer	37	Bristow VA	41:56	41:30	8:18
45	14/57	Elizabeth Strickland	25	Arlington VA	41:37	41:33	8:19
46	15/57	Michelle Kalinski	28	Washington DC	42:23	41:45	8:21
47	16/57	Nicole Laquintano	29	Washington DC	42:05	41:47	8:22
48	8/49	Connie Lucy	44	Bristow VA	42:16	41:57	8:24

49	23/89	Marie Godwin	37 Ashburn VA	42:18	42:09	8:26
50	17/57	Allison Greene	27 Clifftin VA	42:45	42:15	8:27
51	18/57	Erica Cline	28 Broadlands VA	42:41	42:15	8:27
52	19/57	Heather Foley	21 Ashburn VA	42:29	42:18	8:28
53	24/89	Tara Green	36 Ashburn VA	42:57	42:31	8:31
54	2/12	Shawn Miller	50 Ashburn VA	43:16	42:40	8:32
55	9/49	Nancy Casares	46 Sterling VA	43:00	42:45	8:33
56	25/89	Patricia Oh	31 Fairfax VA	43:39	43:03	8:37
57	2/13	Kelly Rubil	19 Fairfax Station	43:15	43:14	8:39
58	26/89	Ljudmila Pavlov	32 Arlington VA	43:25	43:20	8:40
59	27/89	Anne Belardo	32 Ashburn VA	43:51	43:26	8:42
60	28/89	Lisa Crawford	38 Bristow VA	43:47	43:29	8:42
61	10/49	Judy Swain	42 Purcellville VA	44:41	43:42	8:45
62	3/13	Ellyn Moulton	16 Leesburg VA	44:19	43:50	8:46
63	20/57	Jillian Coleman	26 Reston VA	44:23	43:50	8:46
64	11/49	Karen Dale	40 Leesburg VA	44:37	43:54	8:47
65	29/89	Carolgene Reardon	37 Oak Hill VA	44:35	44:04	8:49
66	30/89	Lorraine Tacinelli	36 Oak Hill VA	44:37	44:05	8:49
67	31/89	Katherine Karabulut	36 Herndon VA	44:38	44:06	8:50
68	32/89	Sara Holl	38 Oak Hill VA	44:58	44:25	8:53
69	33/89	Jessica Lyon	30 Sterling VA	45:17	44:33	8:55
70	21/57	Melissa Naeger	24 Fairfax VA	45:39	44:36	8:56
71	4/13	Lindsay Faulkner	17 Herndon VA	45:05	44:39	8:56
72	5/13	Stephanie O'Neil	14 Leesburg VA	45:03	44:46	8:58
73	12/49	Gwen Davis	47 Washington DC	45:30	44:51	8:59
74	22/57	Jennifer Schoonover	26 Reston VA	45:44	44:57	9:00
75	23/57	Jennifer Stacoffe	28 Centreville VA	45:29	44:59	9:00
76	13/49	Shirley Sameshima	40 McLean VA	45:39	45:06	9:02
77	14/49	Patricia Steggerda	42 Ashburn VA	45:20	45:10	9:02
78	15/49	Nancy Dipietro	40 Centreville VA	45:22	45:13	9:03
79	34/89	Carolyn Palmeri	31 Stone Ridge VA	45:31	45:24	9:05
80	16/49	Mary Sheehan	41 Broadlands VA	45:54	45:26	9:06
81	24/57	Alexis Tsonos	23 Burke VA	46:17	45:31	9:07
82	35/89	Erin Troia	31 Ashburn VA	46:17	45:32	9:07
83	3/12	Leslie Kash	50 Purcellville VA	46:36	45:36	9:08
84	25/57	Denise Herring	28 Herndon VA	46:17	45:42	9:09
85	36/89	Tammy Wells	39 Broadlands VA	46:37	45:43	9:09
86	26/57	Cynthia Reid	29 Arlington VA	46:00	45:44	9:09
87	17/49	Norka Palacios	43 Lansdowne VA	45:52	45:46	9:10
88	37/89	Christine Keaveny	36 Bristow VA	46:20	45:50	9:10
89	18/49	Claudia Wolfson	44 Leesburg VA	46:16	45:55	9:11
90	27/57	Corinne Armstrong	27 Aldie VA	46:56	46:09	9:14
91	38/89	Tracy Grasser	31 South Riding VA	46:32	46:13	9:15
92	19/49	Rosemary Daum	41 Reston VA	46:33	46:23	9:17
93	39/89	Michaela Quinlan	31 Middleburg VA	46:36	46:28	9:18
94	40/89	Gina Bacchus	33 Ashburn VA	47:09	46:33	9:19
95	41/89	Jennifer Morfino	39 Ashburn VA	47:09	46:33	9:19
96	20/49	Gina Wels	42 Annandale VA	47:16	46:34	9:19
97	21/49	Lynn Fitzpatrick	44 Ashburn VA	47:19	46:38	9:20
98	42/89	Patty Zaepfel	30 Manassas VA	47:14	46:38	9:20
99	28/57	Jana Poscharsky	28 Arlington VA	46:57	46:39	9:20
100	6/13	Paige Naylor	14 Warrenton VA	47:20	46:52	9:23
101	29/57	Marcie Fuller	28 Chantilly VA	47:07	46:53	9:23
102	22/49	Sherry Puhan	45 Potomac Falls VA	47:29	46:57	9:24
103	43/89	Connie Dovel	39 Broadlands VA	47:21	46:59	9:24
104	44/89	Megan Fraser	34 Ashburn VA	47:21	46:59	9:24
105	45/89	Christine Rozman	39 Bristow VA	47:58	47:09	9:26
106	30/57	Adrienne Torres	25 Arlington VA	47:52	47:14	9:27
107	31/57	Brieanne Mould	27 Centreville VA	47:26	47:16	9:28
108	46/89	Hillary Klein	36 Leesburg VA	48:02	47:19	9:28

109	47/89	Kate Finkelstein	35 Reston VA	48:17	47:20	9:28
110	32/57	Nickole Porter	26 Bristow VA	48:10	47:22	9:29
111	4/12	Anna Vandyke	50 Great Falls VA	47:26	47:24	9:29
112	33/57	Rebecca Franklin	27 Alexandria VA	47:39	47:24	9:29
113	34/57	Kelly Andrews	28 Ashburn VA	47:53	47:25	9:29
114	7/13	Elyse Smith	19 Herndon VA	47:36	47:27	9:30
115	23/49	M Kate Edwards	46 Bristow VA	48:04	47:34	9:31
116	48/89	Stacy Baron	35 Leesburg VA	47:53	47:41	9:33
117	24/49	Judy Curry	41 South Riding VA	47:54	47:46	9:34
118	35/57	Melissa Clement	28 Ashburn VA	47:55	47:47	9:34
119	49/89	Erica Stoecker	37 Reston VA	48:07	47:52	9:35
120	50/89	Diane Hendricks	36 Arlington VA	48:55	47:59	9:36
121	36/57	Kristie Melson	22 Ashburn VA	48:54	48:01	9:37
122	51/89	Tamara Wilkins	36 Fairfax VA	48:49	48:07	9:38
123	25/49	Liane MacDonald	43 Ashburn VA	48:55	48:13	9:39
124	26/49	Ellen Kugler	40 Lansdowne VA	49:11	48:13	9:39
125	52/89	Leanne Gill	34 Leesburg VA	48:52	48:15	9:39
126	37/57	Rebecca McGearry	28 Ashburn VA	48:41	48:20	9:40
127	38/57	Jennifer Whittenberg	25 Fairfax VA	48:54	48:31	9:43
128	53/89	Mitzi Taylor	36 Sterling VA	48:51	48:37	9:44
129	54/89	Stephanie Opper	30 Sterling VA	49:20	48:49	9:46
130	27/49	Wendy Dinwiddie	40 Ashburn VA	49:27	48:53	9:47
131	28/49	Diane Ganley	40 Leesburg VA	49:45	49:00	9:48
132	55/89	Nicola Viglione	38 Ashburn VA	49:46	49:02	9:49
133	5/12	Luisa Grant	54 Ashburn VA	49:45	49:04	9:49
134	29/49	Linda Johnson	44 Ashburn VA	49:49	49:07	9:50
135	56/89	Stephanie Kapic	31 Hoboken NJ	49:33	49:10	9:50
136	57/89	Laurie Ann Ryan	35 McLean VA	49:29	49:11	9:51
137	8/13	Alexa Pace	14 Broadlands VA	49:34	49:20	9:52
138	58/89	Jennifer Kroll	39 Leesburg VA	50:13	49:32	9:55
139	39/57	Meghan Slipka	24 Washington DC	49:59	49:38	9:56
140	30/49	Ginny Oliver	40 Ashburn VA	50:58	50:07	10:02
141	31/49	Kim Garcia	43 Ashburn VA	51:00	50:09	10:02
142	6/12	Suzanne Shaw	53 Alexandria VA	50:53	50:23	10:05
143	32/49	Helen Cicirello	48 Leesburg VA	51:17	50:30	10:06
144	33/49	Oluyinka Mundy	40 Ashburn VA	50:54	50:47	10:10
145	40/57	Jordan Schmidt	25 Leesburg VA	51:47	50:55	10:11
146	59/89	Teri Finn	38 Ashburn VA	52:00	50:59	10:12
147		Banielee Black	Leesburg VA	51:49	51:06	10:14
148	34/49	Salle Sappington	42 Ashburn VA	51:41	51:06	10:14
149	41/57	Katherine Tong	28 Ashburn VA	51:21	51:11	10:15
150	60/89	Julie Gouldin	37 Leesburg VA	51:21	51:13	10:15
151	35/49	Carol Roxbrough	49 Reston VA	51:34	51:18	10:16
152	61/89	Tatiana Ignatenko	34 Sterling VA	51:31	51:21	10:17
153	42/57	Mae Condon	23 Purcellville VA	52:15	51:22	10:17
154	62/89	Kelly Saunders	36 Bristow VA	52:17	51:29	10:18
155	63/89	Petra Walsh	30	52:00	51:32	10:19
156	64/89	Bernadette Berrios	30 Leesburg VA	51:49	51:41	10:21
157	65/89	Amy Georgeadis	33 Falls Church VA	52:35	51:47	10:22
158	7/12	Janet Clampitt	55 Sterling VA	52:56	52:00	10:24
159	43/57	Laura Hendee	24 Washington DC	52:22	52:01	10:25
160	36/49	Andrea Redmond	40 Ashburn VA	52:50	52:02	10:25
161	44/57	Jennifer Connelly	27 Centreville VA	53:07	52:18	10:28
162	9/13	Jennifer Borman	18 Ashburn VA	53:28	52:35	10:31
163	66/89	Amy Sariti	30 Reston VA	53:18	52:47	10:34
164	8/12	Carol Sottili	51 Fairfax Station	53:36	52:55	10:35
165	37/49	Wendi Kaplan	41 Centreville VA	53:47	53:13	10:39
166	45/57	Melanie Goddard	29 Centreville VA	53:40	53:15	10:39
167	38/49	Mandy Cole	41 Leesburg VA	53:39	53:37	10:44
168	39/49	Rae Comparin	41 Ashburn VA	54:14	53:39	10:44

169	67/89	Brenda Stromberg	34 Leesburg VA	54:31	53:56	10:48
170	68/89	Stephanie McGovern	33 Leesburg VA	55:01	54:22	10:53
171	69/89	Crystal Henry	32 Leesburg VA	55:26	54:24	10:53
172	70/89	Stacey Grant	36 Ashburn VA	55:05	54:24	10:53
173	71/89	Jennifer Hale	37 Centreville VA	54:43	54:35	10:55
174	72/89	Kelly Meehan	31 Centreville VA	55:14	54:37	10:56
175	73/89	Kimberly Miller	35 Leesburg VA	55:00	54:42	10:57
176	40/49	Beth Demith	43 Ashburn VA	55:37	54:54	10:59
177	9/12	Cheryl Beebe	50 Sterling VA	56:11	55:44	11:09
178	74/89	Stephanie Kelly	34 Chantilly VA	56:41	55:46	11:10
179	75/89	Donna Mones	39 Ashburn VA	56:38	56:03	11:13
180	41/49	Ann Wyman	42 Ashburn VA	57:16	56:30	11:18
181	76/89	Connie Jordan	36 Fairfax VA	57:07	56:50	11:22
182	46/57	Amber Welch	23 Vienna VA	57:18	56:54	11:23
183	42/49	Bonni Besserer	43 Potomac Falls VA	57:30	57:04	11:25
184	43/49	Karen Von Kleeck	41 Leesburg VA	57:34	57:16	11:28
185	77/89	Franceline Da Silveria	37 Reston VA	59:17	58:17	11:40
186	44/49	Susan Lantzy	46 Leesburg VA	59:18	58:51	11:47
187	78/89	Leigh Kasin	30 Ashburn VA	60:20	59:24	11:53
188	79/89	Jennifer Dyak	33 Ashburn VA	60:20	59:41	11:57
189	45/49	Jodi Border	40 Centreville VA	60:44	59:54	11:59
190	80/89	Deborah Cabala	39 Centreville VA	62:45	61:16	12:16
191	47/57	Jenna Goulart	24 Ashburn VA	62:47	61:20	12:16
192	46/49	Amy Morris	41 Fairfax Station	62:27	61:28	12:18
193	48/57	Kate Tindall	27 Ashburn VA	62:30	61:58	12:24
194		Meagan Getz	Leesburg VA	64:12	63:27	12:42
195	47/49	Nancy Smith	46 Lansdowne VA	64:13	63:28	12:42
196	10/13	Chantel Rivera	12 Leesburg VA	67:07	66:14	13:15
197	81/89	Marpreet Kaur	36 Ashburn VA	66:15	66:15	13:15
198	11/13	Ilise Cruz	12 Leesburg VA	67:08	66:16	13:16
199	82/89	Sheri Labonte	31 South Riding VA	67:14	66:20	13:16
200	48/49	Joyce Smith	43 Annandale VA	67:14	66:20	13:16
201	49/49	Amy Sylvester	44 Ashburn VA	67:59	66:57	13:24
202	12/13	Elsa Sylvester	12 Ashburn VA	67:59	66:57	13:24
203	83/89	Corina Birr	35 South Riding VA	67:36	67:25	13:29
204	84/89	Shauna Skerman	32 Manassas VA	67:37	67:25	13:29
205	13/13	Victoria Gilbride	12 Ashburn VA	68:56	68:27	13:42
206	49/57	Stephanie Williamson	26 Herndon VA	70:03	69:08	13:50
207	85/89	Jamy Cole-Judd	39 Brambleton VA	70:43	69:40	13:56
208	86/89	Asana Husebo	36 Ashburn VA	70:44	69:41	13:57
209	50/57	Amanda Guthridge	26 Sterling VA	70:03	69:49	13:58
210	51/57	Maria McVoy	25 Chantilly VA	71:57	71:00	14:12
211	87/89	Kelly Glessner	33 Sterling VA	72:41	71:41	14:21
212	10/12	Lesley Konigsburg	52 Great Falls VA	75:11	74:13	14:51
213	52/57	Rebekah Knapp	26 Manassas VA	76:43	76:21	15:17
214	53/57	Stephanie Ayoub	26 Centreville VA	78:20	77:24	15:29
215	54/57	Courtney Shortridge	26 Herndon VA	78:20	77:26	15:30
216	55/57	Candace Bryant	22 Woodbridge VA	81:59	81:03	16:13
217	56/57	Natalia Rua	27 Chantilly VA	82:00	81:04	16:13
218	11/12	Betty Bryant	58 Leesburg VA	81:59	81:17	16:16
219	88/89	Mihaiela Wichard	35 Leesburg VA	82:00	81:19	16:16
220	89/89	Shelviya Gorham	37 Gainesville VA	82:58	82:32	16:31
221	57/57	Dianne Gould	28 Bristow VA	85:03	84:38	16:56
222	12/12	Sue Klein	54 Herndon VA	85:41	84:42	16:57

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